# **Small Group Administrative Handbook**

A guide to managing your account January 2020



### MAKE THE MOST OF YOUR SMART DECISION

You've made an important investment in your business by offering your employees the convenience and care of Kaiser Permanente's better model of health coverage.

Now it's time to get an even better return on that investment by making sure you and your employees get the most out of everything we offer.

### HERE'S HOW TO GET STARTED

- 1 Encourage your employees to register on **kp.org** and take advantage of our unique online services — like emailing their doctor's office with questions, checking most lab results, and ordering prescription refills. Tools that enable your employees to manage their health care online can help cut down on time away from work — and that means higher productivity.
- 2 Check out our online account services at account.kp.org. It's the easy, secure, time-saving way to manage your group health coverage. You can enroll employees, pay your premiums online, check the status of new changes to your account, and more. Just fill out the Primary Administrator Online Access Request form and fax it to us to get your user ID and password.
- 3 Read through this handbook and keep it as a reference. It contains important information on how to enroll and terminate employees and dependents, understand and pay your bills, as well as the forms you'll need to manage your plan.

Call us at 800-790-4661 if you have any questions or need any help.

Thank you for choosing Kaiser Permanente!

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# GLOSSARY

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# **1. THE BASICS**

Where to find forms

kp.org/smallbusinessforms/ca

#### Where to send forms

For membership changes, COBRA forms, etc., mail or fax form(s) to:

Northern California accounts	Kaiser Permanente California Service Center P.O. Box 23219 San Diego, CA 92193-3219	855-355-5334
Southern California accounts	Kaiser Permanente California Service Center P.O. Box 23250 San Diego, CA 92193-3250	855-355-5334

Please be sure to include your company name and group ID on all correspondence.

For the Employer Application fka New Group Application (NGA), employer records, renewals, broker of record changes, group termination, etc., fax contract or plan change forms to **800-369-8010**.

#### Where to sign up for online payments

Our online account services is a fast, convenient way to view and pay your monthly bills.

#### Where to mail payments

Kaiser Foundation Health Plan File #5915 Los Angeles, CA 90074-5915

Be sure to include your completed payment coupon with your payment. Payments without a payment coupon have to be processed manually, which delays crediting payments to your account.

#### Where to get answers to your small business services questions

Billing and Eligibility Small Business Services, California Service Center		
<ul> <li>Billing questions <ul> <li>Copies of bills</li> <li>Nonpayment arrangements</li> <li>Bill reconciliation questions</li> </ul> </li> <li>Membership status inquiries <ul> <li>Reinstatement</li> <li>Schedule A-5500 form/report request</li> </ul> </li> </ul>	Phone: <b>800-790-4661</b> , <b>option 1</b> Email: csc-sd-sba@kp.org for: -Enrollment applications -Member terminations -Account changes All other requests should be faxed: Fax: <b>855-355-5334</b>	
Employer/Broker Services Small Business Services, Client Services Unit		

<ul> <li>Benefit inquiries</li> <li>Broker of Record change states</li> <li>account.kp.org inquiries</li> <li>COBRA interpretation</li> <li>Contract/eligibility inquiries</li> <li>Employer collateral <ul> <li>Enrollment material</li> <li>Plan highlights</li> <li>Rate sheets</li> </ul> </li> </ul>	itus	Phone: <b>800-7</b> 9 Email: csu.ca@ Fax: <b>800-369-</b>	
Employer/Broker Account A Connection Team	dministration S	mall Business S	ervices, Customer
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Online Resources			
<ul> <li>account.kp.org</li> <li>(for employers)</li> <li>Manage your account online</li> <li>Download forms and publications</li> <li>View wellness information</li> </ul>	account.kp.org (for brokers) • Manage your client's account online • Download your client's renewal information • Download forms and publications • View wellness information • View commission		<ul> <li>kp.org</li> <li>(for members)</li> <li>Facility and physician locator</li> <li>Guidebooks</li> <li>Prescription refills</li> <li>Plan and coverage information</li> <li>Routine appointments</li> </ul>

Hours for all departments: 8:30 a.m.-5 p.m. Pacific Time, Monday-Friday.

Please be sure to include your company name and group ID on all correspondence.

#### Where your employees can get information

#### Member Service Contact Center

Open 24 hours a day, 7 days a week. Closed holidays. 800-464-4000 711 (TTY) 800-788-0616 (Spanish) 800-757-7585 (Chinese dialects)

#### Where to file claims

**Claims Administration – Northern California** P.O. Box 12923 Oakland, CA 94604-2923

**Claims Administration – Southern California** P.O. Box 7004 Downey, CA 90242-7004

For further information, please call **800-390-3510.** 

#### Where to get information on health care reform (HCR)

For the latest information on HCR, visit **kp.org/reformforsmallbusiness/ca**, **healthcare.gov**, or **kff.org**.

#### Where to get information on Medicare

For information on Medicare, please visit **kp.org/medicare**.

# 2. ONLINE ACCOUNT SERVICES

#### Save time with free online account services

Using our online account services is the easy, secure way to manage your group's coverage. Here's what you can do with online account services:

- Enroll employees and dependents.
- Terminate coverage for employees and dependents.
- Make membership address and name changes.
- Check the status of submitted enrollments, terminations, and changes.
- View monthly bills and transaction history.
- View, download, print, and email your new, renewed, or amended Group Agreement.
- Pay your bill and confirm receipt of your payment.
- Process group-administered federal COBRA enrollments.
- Communicate with us through email.

For a tour of our online account services, go to kp.org/ouremployers.

#### How to register for online account services

- 1. Complete and sign an Primary Administrator Online Access Request form.
- 2. Fax the form to:

#### 855-355-5334

You can begin using our online account services as soon as you receive your user ID and password in the mail — usually within 7 days.

Once you receive your user ID, you can create additional user IDs for those you wish to also have access to the site, and you can vary their privileges according to their responsibilities. You'll find this function under the "Account Access" drop-down menu within the website.

Only those individuals you've designated on the Primary Administrator Online Access Request form will have access to your online account services information.

#### Note

Some transactions can't be completed online such as:

- Open enrollment plan changes
- Membership additions due to loss of coverage or court order

# Questions about online account services?

Call online account services support at **800-893-2971**, ext **3034**.

#### How to use online account services

#### 1. Go to kp.org/ouremployers.

2. Enter your user ID and password and click on the "Sign In" box.

3. View the tutorial to get started.

- Name and address changes are effective immediately when you click the "Submit" button.
- Termination changes are effective on the first of the month. If the last day of employment is the first of the month, coverage will terminate on that date. Otherwise, coverage will terminate on the first of the following month.

If the online system can't process your request for any reason, we'll attempt to process it manually by the end of the next business day. If we're unsuccessful, the request will appear as "rejected" in the online transaction history. If a transaction doesn't appear as "active" or "rejected" by the end of the next business day, please contact us.

#### Security

Protecting your information is important to us. That's why we implement rigorous security measures to make sure your online information remains private and secure.

### **3. PLAN INFORMATION**

If you have out-of-state employees, the maximum subscribership can't exceed 30% of the overall group enrollment. Example: A group of 10 subscribers can't have more than 3 out-of-state employees on a PPO plan.

- A group can't offer more than one PPO plan.
- KPIC (PPO) plans can be sold alongside any Kaiser Foundation Health Plan, Inc. (KFHP), products (HMO, DHMO w/HRA, HSA-qualified HDHP).
- Kaiser Permanente must be the sole carrier for all medical coverage.
- The PPO plans must be offered to all eligible employees.

Employees are responsible for deciding if participating provider physicians and facilities meet their needs. Employees can search for available providers and facilities at **multiplan.com/kaiser**.

Many options are available for health care through the Affordable Care Act (ACA). To understand those options, it's important to know what kind of plans you currently offer — grandfathered (nonmetal) or ACA-compliant metal plans.

Here's an overview of your options. If you have any questions, please call **800-790-4661**, **option 3** to speak with our Small Business Services, Customer Connection Team, or contact your broker.

#### Note

If you're updating your group contacts, please complete the Primary Administrator Online Access Request form in addition to the Contact Change Request form.

#### **Grandfathered** (nonmetal)

- If your plan has covered at least one employee without lapse in coverage and continued unchanged since the ACA was signed into law on March 23, 2010, it's considered a grandfathered (nonmetal) plan.
- Grandfathered (nonmetal) plans aren't required to meet some of the guidelines outlined by the ACA, such as essential health benefits and some preventive services.
  - o This means you can continue offering your employees the same plan at your renewal.
- You also have the option of moving from a grandfathered (nonmetal) plan to one of our ACA-compliant metal plans.
  - o If you choose to move to one of our metal plans, you can purchase Kaiser Permanente coverage through us, your broker, Covered California for Small Business, or through California*Choice*®. You can learn more at **coveredca.com/forsmallbusiness**. For information on California*Choice*, visit **calchoice.com**.
  - o Please note that if you choose to move to one of our metal plans, you won't be able to go back to your current grandfathered (nonmetal) plan after you leave it.

#### **Essential health benefits**

For plan years beginning on or after January 1, 2014, the ACA requires all small group commercial plans\* (with some exceptions, such as retiree and dental-only plans) to cover 10 categories of essential health benefits, as defined by ACA regulations:

- 1. Ambulatory patient services
- 2. Emergency services
- 3. Hospitalization
- 4. Maternity and newborn care
- 5. Mental health and substance use disorder services, including behavioral health treatment
- 6. Prescription drugs
- 7. Rehabilitative and habilitative services and devices
- 8. Laboratory services
- 9. Preventive and wellness services and chronic disease management
- 10. Pediatric services, including oral and vision care<sup>†</sup>

Note

Grandfathered plans are also known as "nonmetal" plans.

#### Note

For more information on child dental, go to **kp.org/smallbusinessplans/ca**.

# **Plan information**

The copay HMO plans, HSAqualified deductible HMO plans, deductible HMO plans, and the deductible HMO plans with HRA are underwritten by Kaiser Foundation Health Plan, Inc. (KFHP). Kaiser Permanente Insurance Company (KPIC), a subsidiary of KFHP, underwrites the PPO plans, as well as the Premier and PPO dental plans. The chiropractic/acupuncture plan is administered by American Specialty Health Plans of California, Inc.

#### Metal levels and benefits

The metal plans fit into 4 main levels of coverage. Each level has a different actuarial value:\*

- Platinum 90% actuarial value
- Gold 80% actuarial value
- Silver 70% actuarial value
- Bronze 60% actuarial value

These 4 categories offer different levels of copays, coinsurance, and deductibles for essential health benefits. For example, bronze plans have lower premiums with higher out-of-pocket costs, while other metal plans have higher premiums and lower out-of-pocket costs.

\*Actuarial value is the percent that the health plan will pay based on the claims of a standard population. The ACA allows a difference of +/- 2 points for actuarial value percentage.

#### Benefit highlights for all our plans are available at kp.org/smallbusinessplans/ca.

#### **Metal plans**

**Copay HMO plans** — A copay is the fixed dollar amount you pay for certain covered services or prescriptions. Copay plans feature mostly set fees and no deductible, so you know in advance how much you'll pay for services like doctor's office visits and prescriptions.

**Deductible HMO plans** — A deductible is the set amount you must pay for most covered services within a plan year before your health plan begins to pay. After you reach your deductible, you'll start paying a copay or coinsurance (a percentage of the full charges) for most covered services for the rest of the plan year until you reach your out-of-pocket maximum. Depending on your plan, you may pay copays or coinsurance for some services without having to reach your deductible.

**HSA-qualified High Deductible Health Plan (HDHP)** — These deductible HMO plans can be paired with a health savings account (HSA) administered through Kaiser Permanente, giving your employees the option to open an HSA. They can contribute pretax or tax-deductible dollars\* to the HSA and use that money to pay for qualified medical expenses. For a complete list of qualified medical expenses, see IRS Publication 502, Medical and Dental Expenses, at **irs.gov/publications**.

\*Tax references relate to federal income tax only. Consult with your financial or tax adviser for information about state income tax laws. Federal and state tax laws and regulations are subject to change.

**Deductible HMO with HRA plan** — This deductible plan is paired with a health reimbursement arrangement (HRA), which you'll set up for your employees. You contribute money into your employees' HRAs, which they can use to pay for the health care services they receive. Because this money isn't considered part of their wages, they won't pay federal income taxes on it.\*

\*Tax references relate to federal income tax only. Consult with your financial or tax adviser for information about state income tax laws. Federal and state tax laws and regulations are subject to change.

**PPO** — These plans give you referral-free access to participating physicians or any other licensed provider of choice. KPIC (PPO) plans can be sold alongside any Kaiser Foundation Health Plan, Inc. (KFHP), products (HMO, DHMO w/HRA, HSA-qualified HDHP).

Employees are responsible for determining if participating provider physicians and facilities are sufficient to meet their needs. Employees can search available providers and facilities at **multiplan.com/kaiser**.

#### **Child dental**

- All metal HMO and PPO plans cover the ACA-defined essential health benefits, which includes child dental services.
- HMO members are enrolled in a separate child dental benefit underwritten by Delta Dental of California.
- PPO medical plan members receive child dental PPO benefits as part of their medical coverage and not as a separate plan.
- Child dental services apply to all members under 19 years old. If a child turns 19 before the current contract renews, coverage is extended until the contract renewal date.

#### Chiropractic/acupuncture

Services are administered by American Specialty Health Plans of California, Inc. (ASH Plans).

Benefit highlights for all our plans are available at kp.org/smallbusinessplans/ca.

#### Note

Benefit details for all our plans are available at **kp.org/smallbusinessplans/ca**.

#### Family dental plans (optional)

- Family dental plans can only be purchased when you first enroll or at renewal.
- Family dental plans are available only to those enrolled in a Kaiser Permanente medical plan.
- When a family dental plan is offered, 100% of subscribers and dependents must enroll.
- Dental plans can be offered with just the richest plan(s) or with all plans.
- Additional family dental plan policies:
  - o The DeltaCare HMO family dental plan isn't offered with any PPO medical plans.
  - o The KPIC Fee-for-Service (Premier) Plan E with Ortho family dental plan requires a minimum of 10 subscribers.
  - o Our family dental plans cover the entire family, including adults and dependent children up to age 26 (if you offer dependent coverage). However, they're not a substitute for the child dental coverage required by ACA regulations for members under 19 years old.

For Delta Dental of California benefits and rates, and for information on the DeltaCare HMO plans, call our Small Business Services, Customer Connection Team at **800-790-4661, option 3** or email us at amt@kp.org.

For a list of providers, visit the Delta Dental website.

# Chiropractic/acupuncture plans (optional) (For grandfathered [nonmetal] plans only)

- Chiropractic/acupuncture coverage provides members up to 20 combined visits per year for a copay of only \$15 per visit.
- Chiropractic/acupuncture plans aren't available with our HSA plans. If you choose chiropractic/acupuncture coverage, all subscribers and dependents must participate, except for out-of-state employees, who are only eligible for the chiropractic/acupuncture plan offered with the PPO plans.
- You can discontinue your current chiropractic/acupuncture coverage anytime up to 4 months before your renewal date, or at renewal.
- You can add a new chiropractic/acupuncture plan only at renewal.

For a list of providers, visit the American Specialty Health website.

For more information, call 800-790-4661, option 3.

#### Infertility benefit

The optional infertility benefit is available only to groups with 20 or more eligible employees where Kaiser Permanente is the sole carrier.

- This benefit is added to all the HMO plans offered, when selected.
- All metal PPO plans include the infertility benefit.
- You can only add or discontinue this benefit upon renewal, if it isn't selected as part of the original contract.

# 4. GROUP AGREEMENT/EVIDENCE OF COVERAGE (EOC)

#### Group Agreement/contract delivery

Each year when you renew, we'll deliver your new contract (*Group Agreement*) online through our online account services, unless you selected "mail" as your delivery preference on your Employer Application. Your new contract will be online up to 60 days from renewal.

#### Viewing your contract online

If you haven't already done so, we encourage you to register for online access. This is the easiest and fastest way for you to view or download a copy of your contract. You can also request a copy by calling the Small Business Services, Client Services Unit at **800-790-4661**, **option 2** or emailing csu.ca@kp.org.

If you have questions about your plan benefits, please see your Evidence of Coverage.

#### Statewide employers

Kaiser Permanente contracts with employers separately as Kaiser Foundation Health Plan, Inc., Northern California Region and Kaiser Foundation Health Plan, Inc., Southern California Region. If Kaiser Permanente provides coverage for your employees residing in both Northern and Southern California, then separate regional contracts may be issued based on the following rules:

- Your location is typically considered the home region.
- When an existing group grows to 13 or more subscribers in the non-home region, then separate north and south contracts are issued at renewal (rates are based on headquarter location for both Northern California and Southern California contracts).

#### Evidence of Coverage (EOC)

An *Evidence of Coverage* for each plan you offer is provided within your *Group Agreement*. The *EOC* describes your health coverage, including benefits, cost sharing, limitations, exclusions, dispute resolution, and how to receive care. It's your responsibility to provide your employees with a copy of the *Evidence of Coverage* for their plan.

#### Summary of Benefits and Coverage (SBC)

In accordance with the ACA, we provide downloadable versions of the Summary of Benefits and Coverage (SBC) documents for each of our plans on **kp.org/smallbusiness-sbc/ca**. These documents, based on the Department of Health and Human Services' required format, summarize important information about each health plan option, so you can easily compare Kaiser Permanente benefits and coverage with those of other carriers. For additional information, please contact the California Service Unit at **800-790-4661, option 2.** 

The ACA requires the employer to provide Summary of Benefits and Coverage (SBC) documents for midyear plan changes (material modification to health coverage options) to employees and their dependents at least 60 days before the new plan's effective date. As such, an attestation is required for health coverage changes.

### Note

If you provide SBCs electronically, you must comply with the SBC regulations. For more information, visit **dol.gov/ebsa/healthreform** 

Event	Description	Time frame for providing SBCs
Renewal	During open enrollment (if employees and dependents must actively elect to maintain coverage or if they have the opportunity to change coverage). If the person is already enrolled in a plan, the law requires you to provide an SBC only for that plan.	<ul> <li>No later than the date open enrollment materials are distributed.</li> <li>No later than 30 days before the first day of the new plan year, if renewal is automatic and we issue the <i>Group Agreement</i> (or otherwise renew) more than 30 days before the first day of the new plan year.</li> <li>No later than 7 business days after we issue the <i>Group Agreement</i> or receive written confirmation of the group's intent to renew (whichever is earlier), if renewal is automatic and we haven't issued the <i>Group Agreement</i> (or otherwise renewed) more than 30 days before the first day of the new plan year.</li> </ul>
Newly eligible employee	When an employee is first eligible to enroll.	<ul> <li>As part of any written application materials (or no later than the first day on which the employee is eligible, if there are no written application materials).</li> <li>By the first day of coverage, but only if there is any change in the SBC.</li> </ul>
Special enrollments	When someone enrolls as a HIPAA special enrollee (due to a qualifying event).	Within 60 days after enrollment.
Request	If an eligible employee or dependent requests an SBC or summary information about the coverage.	No later than 7 business days after you receive the request.
Material modification (off-cycle plan change)	If there is a material modification that would change the SBC you most recently provided and that isn't in connection with a renewal or reissuance. A material modification is one that an average enrollee would consider to be an important change in coverage.	You must give notice to enrollees at least 60 days before the date the change becomes effective.

The scenarios and time frames for providing SBCs are listed below:

For additional information, including the *Glossary of Medical and Health Coverage Terms* and the SBC guide for fully insured employer plans, visit **kp.org/smallbusiness-sbc/ca**.

# 5. EMPLOYER OBLIGATIONS

#### Administrative requirements for employers

As the employer and administrator of Kaiser Permanente health benefits, it's important for you to know your responsibilities and obligations. Keep in mind that while brokers can provide you with valuable support in completing certain administrative tasks, you're ultimately accountable.

Listed below are the administrative tasks you're responsible for. Click on each task for more detailed information.

- 1. Supplying copies of Evidence of Coverage (EOC)
- 2. Supplying copies of Summary of Benefits and Coverage (SBC)
- 3. Notification of enrollment
- 4. Notification of leaves of absence
- 5. Notification of member termination
- 6. Administering COBRA coverage
- 7. Indicating ERISA status

Health care reform (HCR) represents significant changes in the U.S. health care system. For help navigating through these changes, and to find out how your business may be affected, please see the section on plan information, or visit **account.kp.org** for a downloadable HCR resource guide. Kaiser Permanente recommends that employers consult their own legal counsel, tax advisor, and financial experts for advice related to plan administration, ERISA, and the ACA.

# 6. BINDING ARBITRATION

Since we use binding arbitration, the state of California requires us to notify applicants at the point of enrollment. We're also required to capture applicants' signatures during that enrollment process to confirm that they've read and agreed to our binding arbitration.

Employees/applicants must be informed of Kaiser Permanente's use of binding arbitration when they choose to enroll in a Kaiser Permanente plan. Binding arbitration is used to settle member disputes in a less formal proceeding than a civil trial in state or federal court, and it may lead to quicker dispute resolutions.

Compliance with state law and ensuring that your employees/applicants are properly informed depends on how you collect enrollments.

If you collect enrollments using a current Kaiser Permanente enrollment form: Your enrollment process is in compliance as long as you're using a relatively new version of our form that includes a current version of our binding arbitration notice. If you're not sure how old your enrollment form is, please contact our Small Business Services, California Service Center at **800-731-4661**, option 1.

If you collect enrollments using your own form (a universal form): As long as your form includes our most current arbitration notice and it's been approved by Kaiser Permanente's arbitration team, your enrollment process is in compliance. We recertify universal forms on an annual basis; please email your form to: **CA-Arbitration@kp.org** and if you have any questions please contact our Small Business Services, California Service Center at **800-731-4661**, option 1.

If you collect enrollments using an online enrollment website: We have developed a web service tool that makes it easier to display our binding arbitration notice and capture agreement to arbitration signatures at the point of enrollment. This tool, called the California Arbitration Management System (CAMS), is a web service that can be added to an enrollment website. If you use an online enrollment site, please contact our Small Business Services, Client Service Unit at **800-731-4661**, option 2.

#### Regulations

#### California Health and Safety Code (HSC) Article 4, §1363.1

1363.1. Any health care service plan that includes terms that require binding arbitration to settle disputes and that restrict, or provide for a waiver of, the right to a jury trial shall include, in clear and understandable language, a disclosure that meets all of the following conditions:

- 1. The disclosure shall clearly state whether the plan uses binding arbitration to settle disputes, including specifically whether the plan uses binding arbitration to settle claims of medical malpractice.
- 2. The disclosure shall appear as a separate article in the agreement issued to the employer group or individual subscriber and shall be prominently displayed on the enrollment form signed by each subscriber or enrollee.
- 3. The disclosure shall clearly state whether the subscriber or enrollee is waiving his or her right to a jury trial for medical malpractice, other disputes relating to the delivery of service under the plan, or both, and shall be substantially expressed in the wording provided in subdivision (a) of Section 1295 of the Code of Civil Procedure.
- 4. In any contract or enrollment agreement for a health care service plan, the disclosure required by this section shall be displayed immediately before the signature line provided for the representative of the group contracting with a health care service plan and immediately before the signature line provided for the individual enrolling in the health care service plan.

# **1. ELIGIBILITY**

#### **Eligibility requirements**

Your company may be eligible for Kaiser Permanente's guaranteed issue and guaranteed renewable small group health plans if you meet and continue to meet certain requirements. These requirements are defined in the ACA; the California small group law; and in Kaiser Permanente's group eligibility requirements. They include:

- You must offer health plan coverage to 100% of your eligible employees. Carve-outs are not permitted.
- You must have at least one but no more than 100 full-time and full-time-equivalent (FTE) employees, not including sole proprietor owners, partners, their spouses or legal domestic partners), for at least 50% of your business's working days for the previous calendar quarter or previous calendar year.
  - o Full-time employees are permanent employees actively engaged in the conduct of business on a full-time basis. They must have a normal workweek averaging 30 hours per week over the course of a month, work at your regular place of business, be subject to withholding on a W-2 form, and have met their waiting period, if applicable.
  - o FTE employees are a combination of employees, each of whom individually isn't a full-time employee (because they're not employed on average at least 30 hours per week) but who, in combination, are counted as the equivalent of a full-time employee.
- You must have at least one W-2 employee (not including sole proprietor owners, partners, their spouses or legal domestic partners) enrolling in Kaiser Permanente or another group health coverage plan and ensure that you comply with the health plan's participation requirements.
- If you're an enrolling proprietor, partner, or corporate officer who isn't listed in the DE 9C, you need to complete and submit an Owner/Officer Eligibility Statement and other applicable documents.
- Affiliated companies under common control are required to enroll together unless they're not eligible to file a combined tax return for the purposes of state taxation.
- In determining group size, affiliated companies eligible to file a combined tax return for purposes of state taxation are considered one employer even if you're not presently filing together.
- You must have a workers' compensation policy when required by law. Out-of-statebased companies with employees hired in California must also have a California workers' compensation policy.

#### Recertification

Employer groups will periodically be required to recertify that the group continues to meet eligibility requirements as a small business, that employees are eligible and have a bona fide employee relationship, and that all other applicable underwriting guidelines are satisfied.

If a group is using a post office box, UPS store address, or other purchased address, rather than the physical location of the business in question, your group won't be recertified unless a physical address is provided.

# Note

If you have a Medicare eligible employee who enrolls on our Senior Advantage plan (they are considered a non-covered subscriber) and his or her dependents are eligible for enrollment on the group plan.

A group that doesn't pass recertification or is unresponsive to recertification requests is subject to termination.

For more information about recertification, including documentation required, go to: **kp.org/smallbusiness-recertification/ca** or call **877-490-4983.** 

#### Ineligibility

Your business or some of your employees may be ineligible under certain circumstances. The following employer classifications don't meet California small business legal requirements and are ineligible employers. Employers with classifications not listed below may also be ineligible if they fail other requirements. The absence of a category in this list doesn't make it eligible by default.

- Owner only (Sole Proprietorship or Partnership)— Groups that don't have a bona fide W-2 on payroll, enrolling with Kaiser Permanente or other group health plan.
- *Retirees* Former employees who may be eligible for retiree benefits if offered by the employer after meeting age and other requirements.
- Contracted employees (1099) Employees providing contracted services and who typically receive 1099 forms for income taxes.
- Seasonal, temporary, and substitute employees Employees who aren't hired on a permanent basis or who have a planned termination date.
- Other ineligible classifications Private households, domestic help, members of organizations (such as credit unions and fraternal order members), conservatorships, embassies, and family trusts.

#### Minimum age

All subscribers, with the exception of an emancipated minor (documentation is required for emancipated minors), must be 18 years old as of the customer's contract effective date. **Small Business won't enroll an employee under 18 as a subscriber, unless he or she is an emancipated minor.** 

#### Waiting period

If you establish a waiting period, the following criteria must be met:

- It's your responsibility to ensure that you don't apply a waiting period of more than 90 days (in accordance with the ACA).
- You can require new employees to complete an orientation period as long as it's no greater than 30 days. Any waiting period would begin to run only after completion of the orientation period. It's your responsibility to administer and track these requirements.

• The effective date of coverage for new employees and their eligible family dependents is always on the first of the month and it can't exceed the maximum 90-day waiting period.

Kaiser Permanente will rely on the eligibility information reported by the employer and assume that the employer is in compliance.

#### How to enroll new hires

- Have each new enrollee complete and sign an Employee Enrollment form. Be sure the form is completed. Missing or inaccurate information will delay enrollment processing. Keep copies of all completed and signed enrollment forms and any other proof of enrollment you receive.
- 2. Submit the new enrollee information to Kaiser Permanente:
- Through online account services

If you don't receive confirmation of new online enrollment within a few days, call the enrollment department at the Small Business Services, California Service Center **800-790-4661, option 1** or check your online account services account.

• By fax or email

Fax completed forms: 855-355-5334 or email csc-sd-sba@kp.org.

Enrollment applications should be submitted 2 to 3 weeks before the effective date to ensure that we'll have enough time to process the applications and mail the member ID cards.

To verify receipt of enrollment forms, call **800-790-4661, option 1** 72 hours after you send the forms. Most forms are processed within 7 to 10 days of receipt.

#### **Enrolling eligible dependents**

Note: This section applies only if you offer dependent coverage.

Dependents must be enrolled with the subscriber during the initial enrollment. Dependents not enrolled can only be added midyear if there's a qualifying event.

New enrollees who also wish to enroll their dependents can do so by completing the "Family Information" section of the Employee Enrollment form. Dependents can't choose a different plan than that of the subscriber. Dependents must enroll during open enrollment, unless they experience certain qualifying events.

# **MAKING CHANGES**

#### **Enrollment provisions**

New dependents must be added within 60 days of becoming eligible if the addition is because of any of the following qualifying events:

- Marriage/acquisition of domestic partner
- New birth
- Adoption or placement for adoption
- Involuntary loss of other coverage
- Dependent moved into the service area
- Qualified medical child support order (QMCSO)

#### Adding Dependents

Employees who want to add a dependent should complete the Employee/Dependent Change form. You can submit the enrollment through online account services, or fax the completed form to **855-355-5334.** The enrollment must be submitted within 60 days of the qualifying event.

We don't require documentation of domestic partnership in order to enroll a domestic partner as a dependent.

We also don't require documentation for the addition of a dependent who's a newborn or newly adopted.

A copy of the court documents is required to add a dependent as a result of a qualified medical child support order.

#### Coverage effective dates

- A newborn child is covered at birth; however, the child must be enrolled within 60 days of birth for coverage to continue past the first month.
- Coverage of a newly adopted child begins on the date the adopting parent gains the legal right to control the child's health care. However, the child must be enrolled within 60 days of that date for coverage to continue.
- Coverage for other dependents begins on the first day of the month following the date of the qualifying event. They must be enrolled within 60 days of the qualifying event.
- Coverage for dependents due to court order starts the first of the month following the court order date.
  - o The subscriber must be enrolled in order to enroll dependent(s).
  - o The subscriber must have met the waiting period set in place in order to enroll.
  - o All required court order documents must be provided in order to enroll dependent(s).
  - o The subscriber can change to a plan option currently available midyear in order to afford the enrollment of the dependent.

#### Disabled overage dependent children

Dependent children can stay on a group plan until they reach age 26. Disabled dependents can remain on the plan beyond age 26 as long as they meet the eligibility requirements for disabled dependents. Contact the Member Service Contact Center at **800-464-4000** for assistance.

#### **Declination documentation**

Each eligible employee who declines group health coverage must complete the Declination of Coverage form.

#### **Open enrollment**

Open enrollment is an annual event that occurs the month before your renewal.

During open enrollment:

- You must offer health coverage to anyone who declined coverage when they became eligible.
- Subscribers can also add dependents not previously enrolled.
- If you offer multiple plan options, current subscribers can change from one plan to another.

#### Enrolling previously ineligible employees

When an ineligible employee becomes eligible (for example, if a part-time employee becomes full time), follow these guidelines:

- You can enroll the employee on the first of the month following the event date as long as the employer-imposed waiting period has been met. Or you can choose to impose a waiting period from the date the employee becomes full time.
- In either case, submit an enrollment application for each employee who has become eligible and indicate the effective date of coverage.

#### **Qualifying events**

There are circumstances in which employees other than new hires become newly eligible for coverage. These circumstances are called *qualifying events*. The same qualifying events must apply to all the health plans that you offer. Qualifying events include:

- Increase in hours so that he or she meets your requirement for medical plan eligibility
- Return from a leave of absence
- Involuntary termination or loss of other group coverage
- A dependent loses coverage elsewhere
- Marriage or addition of a domestic partner
- Birth
- Adoption of a child or placement for adoption
- Court order
- Death of a spouse, domestic partner, or dependent

### **Termination requests**

A request for termination must be received by Kaiser Permanente within the month of termination.

For purposes of this section, termination means that an individual no longer meets the group's eligibility requirements or has requested coverage to end.

#### Leave of absence/military leave/medical leave

A return from a medical leave, military leave, workers' compensation, or other leave of absence is considered a qualifying event. There's no waiting period if the employee returns to active employment and works the minimum required hours per week.

#### **Re-enrolling employees**

Coverage for a rehire is effective on the first of the month following the date of rehire, for example: if the rehire date is within one year of the original termination date. If the rehire date is more than one year after termination, the employee will be considered a new hire and must satisfy the new-hire waiting period, as described in your *Group Agreement*, before being enrolled.

If you choose to impose the waiting period, submit the Employee Enrollment form as a "new hire" indicating the requested effective date of coverage on the form.

# 2. CHANGING ENROLLMENT COVERAGE

#### **Reporting membership changes**

Policies for when groups can report membership changes:

- All membership terminations will be effective in the month the request to terminate is received, unless the group requests that the termination be effective in a future month. We won't retroactively terminate subscribers and/or dependents prior to the month we receive the request to terminate.
- Subscribers and/or dependents can be added retroactively up to 2 months prior to the month the request is received. Standard enrollment rules apply (new-hire eligibility and qualifying event date for dependent(s): newborn, marriage, etc.).

#### Updating enrollment information

To update enrollment information — such as name, address, or phone number — have the employee complete the Employee/Dependent Change form. You can submit the changes through online account services, fax the completed form to **855-355-5334** or email the changes to csc-sd-sba@kp.org.

#### **Terminating membership**

You're required to report a termination for anyone who becomes ineligible for coverage.

To terminate membership coverage, complete the Subscriber Termination and Transfer form. You can submit the changes through online account services or you can fax the completed form to **855-355-5334** or email the completed form to csc-sd-sba@kp.org.

When an employee's coverage is terminated, the entire family account is terminated, including coverage for any dependents. Depending on the reason for termination, the employee and dependents may be eligible for other health coverage, such as:

- Individual or conversion plans
- COBRA continuation coverage
- Cal-COBRA continuation coverage

For information on Kaiser Permanente for Individuals and Families coverage or Kaiser Permanente Conversion plans, click here or visit **kp.org**.

For additional information on COBRA, click here.

#### Terminating dependent coverage

#### **Overage dependents**

Dependent coverage is offered up to age 26 (we won't terminate a dependent midmonth, rather coverage is extended through the end of the month). Before a dependent turns 26 years old and no longer qualifies for coverage through a parent, we'll notify the group that the dependent is being terminated from group coverage. See your group agreement for additional details.

#### Divorce/legal separation/termination of domestic partnership

If an employee divorces, legally separates, or terminates a domestic partnership, the spouse or domestic partner no longer qualifies for coverage. To terminate the dependent's coverage, have the employee complete the Employee Enrollment form. You can enter the information and submit the change through online account services, fax the completed form to **855-355-5334** or email the completed form to csc-sd-sba@kp.org.

#### Voluntary termination by employee

If an employee chooses not to continue with Kaiser Permanente, complete the Subscriber Termination and Transfer form. You can submit the changes through online account services, fax the completed form to **855-355-5334** or email the completed form to csc-sd-sba@kp.org.

#### Certificates of creditable coverage

The Health Insurance Portability and Accountability Act of 1996 (HIPAA) requires that certificates of creditable coverage be issued to terminated Kaiser Permanente members. The certificates document health coverage during Kaiser Permanente membership and are the primary means individuals use to prove prior creditable coverage when seeking new group coverage or coverage in the individual market.

Certificates are mailed to the member's home address shortly after the termination date.

Members with an active membership status are also entitled to receive a HIPAA certificate of creditable coverage within a reasonable time following submission of their request to Member Services. For more information, call **800-464-4000**.

#### Note

Download the forms you use most, including enrollment forms, at **kp.org/smallbusinessforms/ca**.

# 3. GROUP COVERAGE CHANGES

#### Annual renewals

Renewal is easy. Approximately 60 days before your annual renewal date, we'll notify you of any rate or plan changes and send you a renewal kit. Included in your renewal kit will be a snapshot of your business's health plan(s) and enrollment based on information in our systems.

You can make changes anytime in those 60 days before your effective date. However, these changes will take effect on your renewal date. The sooner you return your renewal changes, the sooner we can get your new information into our system and reflect your changes on your billing statements.

#### How we determine your renewal rates

Plan rates include many variables, such as benefit costs associated with the delivery of health care for all our small group customers as a whole. We then adjust the plan rates according to rating factors applicable to the plan type — grandfathered (nonmetal) or metal. Final rates are based on actual group enrollment. Rates are guaranteed for 12 months and are valid only from the effective date stated in the group contract.

The rate calculation for ACA-compliant metal plans is different from the rate calculation for grandfathered (nonmetal) plans.

#### Metal plan rating

Metal plan rates are calculated using 2 factors — rating area and member age. Claims or utilization experience aren't used to determine member premium rates.

- Rating area:
  - o If your business is located inside California, rates are based on the physical address (ZIP code +4 and county) of your business. This is referred to as the Live/Work rule.
  - o Businesses located outside California are assigned to rating area 4.
  - o A post office box or other purchased address can't be used as a business address. If we discover that you're using an address other than your business's physical location, we may rescind or terminate your coverage.
- Member age:
  - o Each family member has a separate rate based on his or her age as of the effective date of the group contract. This rate will be used for the full contract year and updated yearly at renewal.
  - o If a family has more than 3 children under 21, the premium for each additional child after the third will be \$0.
  - o Age bands are 0–14, 15, 16, 17, 18, 19, 20, every age from 21 to 63, and 64+.
  - All plans include child dental for members under 19 years old as of the group contract effective date. HMO plans apply the cost of child dental only to the 0–14, 15, 16, 17, and 18 age bands. PPO plans include the cost of child dental coverage in the overall rate.

### Note

For current rate information, call our Small Business Services, Client Services Unit at **800-790-4661, option 2.** 

#### Grandfathered (nonmetal) plan rating

Grandfathered (nonmetal) plan rates are calculated using 3 factors — rating area, age band, and risk adjustment factor (RAF).

- Rating area:
  - o If your business is located in a California service area, rates are based on the physical address (ZIP code) of your business.
  - o If your business is located outside of California or outside a California service area, rates are based on the ZIP code where the highest number of covered employees reside.
  - o A post office box or other purchased address can't be used as a business address. If we discover that you're using an address other than your business's physical location, we may rescind or terminate your coverage.
- Age band:
  - o The subscriber's age as of the effective date of the group contract, plus the family size, is used to determine the rate. This rate will be used for the full contract year and updated at renewal. Age bands are <30, 30–39, 40–49, 50–54, 55–59, 60–64, and 65+.

Family size categories are:

- Employee only
- Employee and spouse
- Employee and child or children
- Employee, spouse, and child or children

If a family has more than one child under 26, the premium for each additional child after the first will be \$0.

- Risk adjustment factor (RAF):
  - We apply one RAF to all grandfathered (nonmetal) plans. RAFs are restricted to a 0.90 to 1.10 range. The RAF applied to a small business at renewal won't increase by more than 10 percentage points from the RAF applied in the prior rating period.
  - RAFs are calculated using a model that assigns risk scores to each enrolled member based on the member's age, gender, and the types of prescription drugs the member is taking. Extensive studies have shown that the types of prescriptions for chronic illness used by a group's plan members are an accurate predictor of the group's future medical utilization.

#### How to renew your coverage

#### No changes to coverage

If you're not making any plan changes, you don't have to do anything. Currently enrolled subscribers and their dependents don't have to resubmit enrollment applications or family account change forms (unless they're reporting a change).

#### **Renewal Plan changes**

Please refer to your Small Business Renewal Information (available 60 days prior to your renewal).

At renewal, you can choose to change plans. This includes replacing a plan or adding a plan with richer benefits, which generally has a higher premium than your current plan.

The number of plans that you're allowed to offer is based on group size.

Be aware that if you have a grandfathered (nonmetal) plan and move to a metal plan, you won't be able to go back to our grandfathered (nonmetal) coverage.

- You can only make a plan change if your account is current.
- You must submit change requests to Kaiser Permanente small business on or before the last business day of the renewal effective month. Change requests must contain an email date, postmark, or fax date stamp to prove the change was submitted on time.
  - o A plan change request received by 5 p.m. (PT) on the 15th of the renewal month can be applied retroactively to the first of the month.
  - o A plan change request received after 5 p.m. (PT) the 15th of the effective month is effective the first of the following month.
  - o Deductible accumulation amounts may not be transferable.

#### **Covered California for Small Business**

If you qualify for the small business tax credit, you may want to offer your employees our coverage through Covered California. Covered California for Small Business (CCSB) is the state's health insurance marketplace (also called an exchange). Individuals and small businesses can compare and shop for health plans on its website. The small business tax credit is only available through participation in CCSB.

If you offer coverage through CCSB, your employees can easily compare and purchase any health plan from any participating provider in the metal level you choose. Because Kaiser Permanente participates at every metal level, you can continue offering your employees the high-quality, integrated care they already know and trust.

To learn more about CCSB, call 844-332-8384 or visit CoveredCA.com.

For information on enrollment provisions and other requirements, see below.

#### Nonrenewal (Midyear plan changes)

A plan change made outside of the renewal is considered a midyear plan change. With certain rules and restrictions, you can add additional plans, discontinue a plan (if you have more than one), or downgrade your current plan up to 120 days before your renewal effective date.

To request a plan change, complete the Plan Add/Change Request form and fax it to **800-369-8010.** Changes submitted by 5 p.m. (PT) between the 1st and 15th of the month will be effective the first of the same month, if requested. Changes submitted between the 16th and the last business day of the month will be effective the first of the following month.

Changes submitted between the 1st and 15th, or the last business day of the month must be received at Kaiser Permanente Small Business Unit by fax **(800-369-8010)** by 5 p.m. Requests not received by 5 p.m. will be considered to be received the following business day. If the 15th or the last day of the month falls on a Saturday or Sunday, the fax is due the next business day.

It may take up to 2 billing cycles for plan changes to be reflected on your bill.

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Note

This document is designed to

provide a general overview of portions of the ACA and shouldn't

be relied upon as legal or tax

advice. Federal and state laws and regulations are subject to

change. Seek professional advice from an independent tax adviser

or legal counsel regarding how the requirements will affect your particular circumstances.

Information may have changed

since publication.

# **MAKING CHANGES**

#### Multiple plan option (MPO)

Groups are eligible to offer a choice of medical plans to their employees.

- Groups with 1 to 5 enrolled subscribers can offer a choice of up to 3 Kaiser Permanente plans.
- Groups with 6 or more enrolled subscribers can offer a choice of one or more Kaiser Permanente plans.

#### **PPO** plan

You can offer a PPO plan when you meet all the following requirements:

- You can't offer more than one PPO plan.
- You must offer the PPO plan to all eligible employees.
- Kaiser Permanente must be the sole carrier for all medical coverage.

If you have out-of-state employees, the maximum subscribership can't exceed 30% of the overall group enrollment.

Example: A group of 10 subscribers can't have more than 3 out-of-state employees on a PPO plan.

#### **Crossover guidelines for HMO and deductible plans**

Sometimes business needs require employers to change their benefit coverage in the middle of an accumulation period. This can raise questions about whether or not employees' credits toward the deductible and out-of-pocket maximum (OOP maximum) cross over to the new plan. This guide clarifies when these credits transfer to the new plan and when they reset to \$0. It applies to the following plan types:

- HMO.
- HMO with coinsurance.
- Deductible HMO.
- Deductible HMO with HRA.
- HSA-qualified HDHP HMO.

#### Resets in the middle of an accumulation period

Under normal circumstances, the deductible and OOP maximum reset to \$0 on a member's accumulation period start date. However, certain plan changes made at other times will also reset a member's deductible credits to \$0 when the new plan takes effect. When this happens, the OOP maximum will also reset to \$0. Here are the 2 most common reasons why a member's credits would reset to \$0:

- A group's group ID changes for example, a business consolidates or is acquired, or it transfers to or from California*Choice* or Covered California.
- A member moves to an individual plan from a group plan (or vice versa).

#### Note

If you're making a plan change, please review the crossover scenarios found on page 24 of this document.

# For more information

For more information and to get more plan change scenarios, please contact your Kaiser Permanente sales executive or account manager.

#### **Crossover scenarios for HMO plans**

The following table highlights the 4 most common situations where a plan is changed in the middle of an accumulation period.

#### Do credits toward the deductible and OOP maximum cross over to the new plan?

Scenarios	HMO* to HMO	HMO* to HDHP HMO (HSA-qualified <sup>†</sup> ) (or vice versa)	HDHP HMO (HSA-qualified <sup>†</sup> ) to HDHP HMO (HSA-qualified)
Employer/employee changes plan mid- accumulation period	Yes	Yes	Yes
Employee moves from one California region to another with same employer	Yes‡	Yes	Yes‡
Employee changes employer	No	No	No
Individual plan member enrolls in a group plan	No	No	No

### 4. GROUP CHANGES

#### Address change

To change your mailing address, business address, business name, or business contact, complete the Customer Address or Name Change Request form and fax it to **800-369-8010.** 

#### **Contact information change**

To change your billing contact or contract signer, and for interested party changes, complete the Contact Change Request form and fax it to **800-369-8010**.

#### Change of ownership

For change of ownership, please contact our Small Business Services, your account manager, or Customer Connection Team at **800-790-4661**, **option 3**, or email <a href="mailto:amt@kp.org">amt@kp.org</a>, and a representative will be happy to walk you through the process and paperwork.

#### **Broker change**

If you change brokers, fax a signed (no stamped or computer-generated signature) letter on business letterhead to **800-369-8010** advising us of the change of broker. Please include your group ID; the name, address, and phone number of the new broker; the broker ID number; and the agent of record. The letter must be signed by the authorized signer currently on file at Kaiser Permanente.

#### Notes

\*HMO plans include HMO, HMO with coinsurance, deductible HMO, and deductible HMO with HRA.

<sup>+</sup>"HSA-qualified" refers to the HDHP HMO plan only.

<sup>‡</sup>Members must request that accumulation credits be applied to their new plan by calling the Deductible Product Service Team at **800-390-3507**.

Small Group Administrative Handbook

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# 5. TERMINATING GROUP COVERAGE

#### **Voluntary termination**

You can terminate your group coverage for any reason with 15 days advance notice as required by your *Group Agreement*. A voluntary termination can't override an administrative termination.

Contracts are terminated on the last day of the month.

#### **Requesting termination**

To request termination, contact the Customer Connection Team at **800-790-4661**, **option 3**.

#### Reinstatement

If a former customer's contract has been terminated for less than 60 days, the former customer can be reinstated. When a customer is reinstated there's no lapse in coverage.

- The customer will keep its prior group ID.
- The customer's renewal date is the same date the customer had prior to the termination.
- The customer retains their grandfathered (nonmetal) status.
- The customer is responsible for premiums retroactive to the termination date.

All reinstatement requests must be approved by a manager, submitted on business letterhead, and faxed to our Small Business Unit at **800-369-8010.** 

#### Administrative termination

We can terminate your coverage for any of the following reasons:

- Failure to provide accurate eligibility information or other breaches of contract
- Group and members aren't in the service area
- Fraud or intentionally furnishing incorrect or incomplete information
- Nonpayment of premium
- Failure to meet minimum contribution, participation, or other requirement
- Failure to provide appropriate documentation upon request
- Failure to complete the recertification process satisfactorily
- Zero enrolled members in the contract

Contracts are terminated on the last day of the month.

### 6. RE-ENROLLMENT AND REINSTATEMENT

#### **Re-Enrollment**

If your coverage was terminated by the group or health plan, then you may request a new effective date for coverage to re-enroll as a new group provided you qualify for small group coverage. A new group ID and contract will be issued.

#### Reinstatement

For groups where your Kaiser Permanente coverage was terminated for less than 60 days, you may request reinstatement of your prior contract to avoid a gap in coverage. Kaiser Permanente will consider this request provided unpaid premiums are paid and you qualify for small group coverage.

#### Common ownership

If you've obtained a new business name and/or tax ID number, or if you're a former group customer, the same re-enrollment rules will apply to a group with common ownership. Common ownership groups may include but aren't limited to: like ownership, like business, and may or may not include like membership or demographics.

#### Termination by recertification

If you terminated as part of the recertification process and wish to reinstate within 60 days, contact the Recertification Team at **877-490-4983.** 

#### Coverage options following termination of coverage

If your group coverage is terminated, you and your employees may be eligible for individual plans. For more information, call our Member Service Contact Center at **800-464-4000.** 

#### Extension of benefits for total disability

If your contract is terminated, medical coverage continues for 12 months premium-free for a disabled employee or disabled dependent. However, coverage will be terminated earlier if:

- The eligible employee or dependent is no longer disabled.
- The disability is covered by another group health plan.

Disability certification must be approved before we'll extend health coverage.

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The information in this section isn't intended as legal advice.

#### Which COBRA plan applies to you?

- Federal COBRA is for groups with 20 or more employees.
- State (or Cal-COBRA) is for groups with 2 to 19 employees.

# 1. COMPARISON OF COBRA AND CAL-COBRA

	COBRA	Cal-COBRA
Benefits same as the group plan	Yes	Yes
Rates	The original group premiums, plus applicable administrative fee	The original group premiums, plus applicable administrative fee
Eligibility	For groups of 20 or more employees: all family members who were covered under the original group plan coverage	For groups of 19 or fewer employees: all family members who were covered under the original group plan coverage; also for subscribers who exhaust their COBRA coverage
For individual member information or an application	The group administrator must call our Small Business Services, California Service Center at <b>800-790-4661, option 1</b>	The employee who's terminating must call the Member Service Contact Center at <b>800-464-4000</b>

# How to see which former employees and dependents are currently enrolled in COBRA or Cal-COBRA

- If you're responsible for billing the member, you can see your currently enrolled COBRA members. View the billing unit on your account and select "Subscriber List" under "Member Functions."
- Request an updated report from us whenever you need to know which former employee(s) are enrolled through your Cal-COBRA account.
- This isn't an option in cases in which Kaiser Permanente is responsible for the billing because these accounts don't have a group billing unit and are billed directly to the member. To obtain a list of members enrolled in COBRA for whom Kaiser Permanente is responsible for the billing, contact our Small Business Services, Customer Connection Team.

For further information on COBRA, please call our Small Business Services, California Service Center at **800-790-4661**, **option 1**.

For information on Cal-COBRA, please call the Member Service Contact Center at **800-464-4000.** 

#### 2. FEDERAL

The Consolidated Omnibus Budget Reconciliation Act of 1985 (COBRA) requires certain employers to provide continuation of group health coverage to employees and their covered dependents when their group health coverage with that employer would otherwise terminate.

Participation in the employee's health plan, as well as coverage under whatever medical programs are provided by the employer to employees and their dependents, can be continued under COBRA for groups that employed 20 or more employees for at least 50% of the previous year.

- The employer is responsible for administration (within the guidelines established by the federal government for compliance by employer groups).
- Kaiser Permanente doesn't offer federal COBRA administration support.

Under the Employee Retirement Income Security Act (ERISA), the employer's Employee Welfare Benefit Plan has the fiduciary responsibility for all aspects of COBRA administration.

The plan administrator (as defined by ERISA) is either the employer or a thirdparty administrator appointed by the employer. Kaiser Permanente performs only clerical COBRA functions for employer groups. It hasn't and doesn't accept fiduciary responsibility as a COBRA administrator for any employer group.

Kaiser Permanente is, however, a plan fiduciary (as defined by ERISA solely) for determining the scope and extent of health coverage for those ERISA plan beneficiaries enrolled through the group as our members, including those participating through COBRA.

If your employees call Kaiser Permanente for federal COBRA enrollment information, they'll be told to contact their employer for assistance.

#### Monthly billing of your COBRA members

You (or your designee) can bill and collect the premiums for all your COBRA members. If so, you (or your third-party administrator) will pay Kaiser Permanente for all your COBRA members **as a group,** just as you do for your active employees. Don't send Kaiser Permanente individual payments for each COBRA member.

#### Kaiser Permanente-billed federal COBRA activity report

Kaiser Permanente will mail you this report each month to notify you of the membership status of your federal COBRA members for whom Kaiser Permanente does the billing and collecting. This report will be generated monthly and should be received by the end of each month. The report will provide the COBRA member's name, Social Security number, address, family role, and the start and expected end date for COBRA coverage.

You can easily see your active COBRA members for whom Kaiser Permanente does the billing and collecting. It also includes those who have failed to make timely payments and those who are being terminated for nonpayment or for reaching the maximum period of COBRA coverage. If there is no COBRA activity for a reporting period, you won't receive a report.

# FEDERAL AND STATE REGULATIONS

#### How to enroll COBRA members

When an employee or dependent chooses Kaiser Permanente COBRA coverage, he or she submits the completed Kaiser Permanente COBRA enrollment form directly to the group. You'll then submit the enrollment form and report any terminations the same way you usually report membership changes. We won't accept any COBRA enrollment forms directly from your employees.

Kaiser Permanente will accept enrollment only for the minimum time frames as specified in COBRA. Members who intend to elect and pay for COBRA coverage can use Kaiser Permanente services in between their termination from health coverage and their enrollment into COBRA. You should make them aware of the following:

- It's recommended, but not mandatory, that members retain a copy of their COBRA enrollment form to use as a temporary ID.
- If the individual uses services but doesn't elect to pay for Kaiser Permanente COBRA coverage, Kaiser Permanente will bill the individual as a nonmember for all services received.

#### **Employee notification**

It's always the employer's responsibility to notify employees about federal COBRA, including any information regarding new rates or benefit changes. Members who call Kaiser Permanente for COBRA enrollment information will be referred back to their employers.

#### Termination of employer contract

A COBRA enrollment unit is attached to the active contract. If the *Group Agreement* for the active account is terminated, the COBRA enrollment unit is terminated as well. Terminated COBRA participants can be offered the opportunity to convert to a Kaiser Permanente individual membership account.

#### Open enrollment changes

If you have COBRA participants who elect to change from a different carrier to Kaiser Permanente during an open enrollment period, you must notify Kaiser Permanente of the original COBRA start date(s) of the participant(s).

#### 3. ERISA STATUS

On July 23, 2010, the Departments of Labor, Treasury, and Health and Human Services issued interim final regulations regarding claims and appeals procedures for group health plans to implement the requirements of the federal health care reform legislation. As part of Kaiser Permanente's efforts to answer federal and state regulatory inquiries regarding member's claims and appeals related to the requirements, a group's Employee Retirement Income Security Act (ERISA) status must be verified. To ensure compliance, employer groups are asked to indicate their ERISA status initially on the NGA and then annually with the renewal notice to update Kaiser Permanente if the reported status is no longer valid.

The ERISA sets minimum standards for employee retirement and benefit plans established by private employers and employee organizations. While ERISA doesn't require that employers or unions offer any retirement or benefit plan, it does require that those who do establish plans meet certain standards.

ERISA covers retirement as well as health and other welfare benefit plans, such as those providing life insurance, disability coverage, and flexible spending accounts for health care expenses. Among other things, ERISA requires that individuals who manage retirement and benefit plans meet certain standards of conduct as fiduciaries. ERISA also imposes detailed requirements for reporting to the federal government and disclosure to participants, as well as assuring that plan funds are protected and only qualified plan participants receive their benefits.

The Employee Benefits Security Administration website (**dol.gov/ebsa**) has information that'll help employers and employee benefit plan representatives understand and comply with ERISA requirements for administration of their health and welfare plans. Although paying for employee health care coverage means an employer has established a group health plan, the following types of group health plans are generally not subject to ERISA:

- Government plans.
- Church plans.
- Plans maintained solely for complying with applicable workers' compensation laws or unemployment compensation or disability insurance laws.
- Plans maintained outside the U.S. primarily for the benefit of nonresident aliens.
- Unfunded excess benefit plans.

If a client is unsure of their group health plan's ERISA status, it's recommended that he or she consult a financial or legal adviser.

### 4. FEDERAL TEFRA AND DEFRA

Legislation was enacted to regulate employee health coverage. Based on this legislation and the limitations of the Kaiser Permanente agreement, if a business employs on average less than 20 employees in a year, and any employee turns 65, then his or her primary health carrier must be Medicare. For these employees who are 65 years old and choose to retain their Kaiser Permanente small group coverage, Kaiser Permanente will apply contract benefits as a secondary carrier for Medicare benefits paid or payable. This applies whether or not the employee has applied for and has been made effective for Medicare Part A and Part B coverage.

- When a member is covered by both Medicare as primary and a Kaiser Permanente contract as secondary, total benefits provided by Medicare and Kaiser Permanente should equal but not exceed the benefits of group members who don't have Medicare coverage.
- Kaiser Foundation Health Plan and Kaiser Permanente Insurance Company are secondary to Medicare when any of the following is met:
  - o The employer has less than 20 employees, and the subscriber is age 65.
  - o Subscribers under 65 are eligible for Medicare due to a disability.
  - o Subscribers are enrolled following the first 30 months of kidney dialysis treatments for end-stage renal disease (ESRD).

# FEDERAL AND STATE REGULATIONS

# 5. STATE COBRA

Cal-COBRA (SB 719) became effective January 1, 1998. This legislation provides for the continuation of coverage for employees and eligible dependents for groups that employed less than 20 employees at least 50% of the working days in the previous calendar year. This law also applies to an eligible employer who wasn't in business during any part of the preceding calendar year if the employer employed 2 to 19 employees for at least 50% of the working days in the preceding calendar quarter.

Employers with a single employee aren't eligible for Cal-COBRA.

Kaiser Permanente provides administration for Cal-COBRA groups and is permitted to charge Cal-COBRA subscribers an administrative fee.

An employee and/or eligible dependents are eligible for up to 36 months of continuation of coverage under Cal-COBRA if coverage was terminated due to any of the following qualifying events:

- Death of the plan subscriber, for continuation of dependent coverage.
- Employee's termination of employment or reduction in hours.
- Spouse's divorce or legal separation from the subscriber.
- Loss of dependent status of enrolled child.
- Subscriber becoming entitled to Medicare.
- Loss of eligibility status of enrolled family member.

Employers are required to notify Kaiser Permanente within 31 days of a qualifying event. Employees terminated for gross misconduct aren't eligible for Cal-COBRA.

### **Billing and payment**

- Kaiser Permanente provides administration for Cal-COBRA groups and is permitted to charge Cal-COBRA subscribers an administrative fee.
- For Cal-COBRA, Kaiser Permanente bills and collects directly from the subscriber.

# 6. SMALL EMPLOYER CUSTOMER NOTIFICATION

Employers with 2 to 19 employees must notify Kaiser Permanente within 31 days of an employee's loss of group health coverage eligibility. If the loss of eligibility is due to gross misconduct, employers should notify Kaiser Permanente within 5 business days.

The employer/group sends a notification of Cal-COBRA to all group members terminating group health coverage.

# Member notification for those enrolled in federal COBRA

Kaiser Permanente will notify members who have exhausted their COBRA coverage (if they're entitled to fewer than 36 months of federal COBRA) of their opportunity to enroll in Cal-COBRA and extend the term of their continuation coverage to 36 months. The notice is included with other options that may be available.

If your employees have any questions about Cal-COBRA, they should call the Member Service Contact Center at **800-464-4000**.

# **1. YOUR MONTHLY BILL**

# Your billing statement

All Kaiser Permanente plans are prepaid. This means that each month you'll receive a billing statement for the upcoming month's coverage period. Your billing statement will list all subscribers in your plans and the total amount due.

The monthly membership billing statement includes a remittance advice to submit with payment, as well as a number of sections that provide detailed membership and payment information about your Kaiser Permanente coverage. The membership billing statement also shows the coverage month being billed, membership and payment transactions processed for an activity period, balance forward (previous balance), and the total amount due. (Please refer to the following pages for a sample statement.)

Note: Please don't include membership changes with your payment.

To set up convenient online payments, call your broker or register with online account services.

If you have questions about your bill, we're here to help. Call our Small Business Services, California Service Center at **800-790-4661, option 1.** 

#### Making changes to your account

Any changes you make to your account should appear on your bill within the next 2 billing cycles.

If you've already received the bill for the month your changes went into effect, don't worry — just pay it as is. Adjustments for your changes and what you've already paid will appear in the "Retroactive Dues and Charges" section on your next statement. Employer groups can also view their change online through online account services.

To make sure your account is updated as quickly as possible, contact your broker or our Small Business Services, Customer Connection Team, Small Business Unit directly at **800-790-4661, option 3.** 

To change your billing cycle, call our Small Business Services, California Service Center at **800-790-4661, option 1.** 

# **Rate calculation**

Plan rates take into account many variables, such as benefit costs associated with the delivery of health care for all our small group customers as a whole. The plan rates are adjusted according to rating area location and age bands. Final rates are based on actual group enrollment. They're guaranteed for 12 months and are valid only for the listed group's effective date. The rate calculation for ACA-compliant metal plans is different from grandfathered (nonmetal) plans.

# Membership billing statement

SAN DIEGO, CA 92193-3219 000659045-0000 S	San	nple
PURCHASER NAME BILLING CONTACT BILLING ADDRESS CITY, STATE ZIP	AMOUNT DUE: \$	
	SNOVEMBER 2015 stat membership and financ from 09/26/2015 throug	cial transactions processed
To receive billing and membership information online, log on to: kp.org/ouremployers	Important Information	
	Revised Policy on Member Terminations	
	Our policy on member terminations has been revised. A or after August 1, 2014 will be effective in the month tha unless you request that the termination be effective in a retroactively terminate members prior to the month we r example, if you want the member to be terminated effec request to terminate no later than August 31. A terminat be made effective retroactively back to July 1 or June 1. You can still retroactively add new members to coverage	It we receive the termination request, future month. We will no longer receive the request to terminate. For tive August 1, we must receive the tion request received in August canno
Refer to the Billing Summary page for all billing unit(s) included in this statement.	of the month you notify us. For example, you could retro August 1st if we receive your notification by October 31s	pactively add a member as early as
	(RETURN THIS PORTION WITH YOUR PAYMENT) Billing Unit: 12345600 REMITTANCE ADVICE FOR:	Customer ID: 0001234560000 2 MONTH DD, YYYY
PURCHASER NAME BILLING CONTACT BILLING ADDRESS	1 Billing Unit: 12345600	Customer ID: 0001234560000 2 MONTH DD, YYYY
BILLING CONTACT	Billing Unit: 12345600 REMITTANCE ADVICE FOR:	Customer ID: 0001234560000
BILLING CONTACT BILLING ADDRESS	Billing Unit: 12345600 REMITTANCE ADVICE FOR: Please pay this Amount:	Customer ID: 0001234560000 2 MONTH DD, YYYY

#### Field name and description

**Primary billing unit** — The billing unit of your coverage. This statement reflects transactions for all members covered under this billing unit and secondary (child) billing units.



3

1

**Coverage month** — The coverage month for this billing statement.

**Amount due** — The total payment due to Kaiser Permanente. This reflects the total amount owed for all open coverage-month balances minus all credit balances and unallocated payments for (all) your billing unit(s).



**Payment due date** — Date by which your payment must be processed. Remember to allow for mailing and processing time.

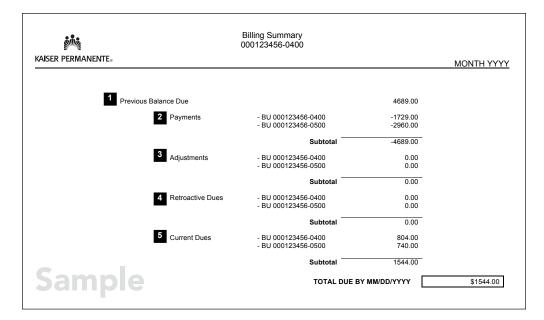
**5** Activity period — Subscriber transactions (membership and billing) processed within this time frame (activity period) will be reflected on this bill.

# Note

Kaiser Permanente doesn't accept credit cards as payment for small group coverage.

# **Billing summary**

This section summarizes payment and allocation activities for all billing unit(s).

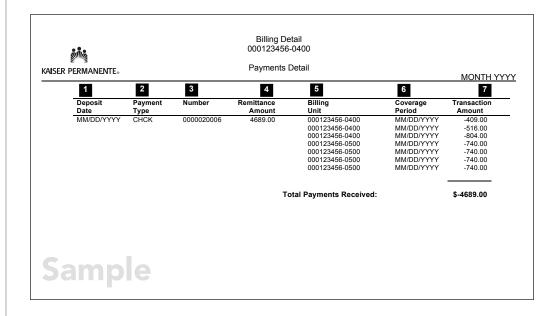


### Field name and description

- **Previous balance due** The total charges from the previous month for the entire billing unit family.
- Payments The amount remitted and allocated for each billing unit(s). For allocation details, see "Billing detail/payments detail" on page 36.
- **3** Adjustments The charge(s)/credit(s) due for account adjustment transaction(s) for each billing unit(s). For details, see "Billing detail/adjustments" on page 37.
- 4 Retroactive dues The charge(s)/credit(s) due for retroactive transactions for each billing unit(s). For details, see "Billing detail/membership activity detail" on page 38.
- 5 **Current dues** The entire amount of current dues for the coverage period for each billing unit(s). For details, see "Billing detail/current dues" on page 39.

# Billing detail/payments detail

This section reflects payments allocated by billing unit and coverage period.



# Field name and description

6

7

Deposit date — The date y	our payment was processed b	y our bank.
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2 Payment type — The method by which your remittance was sent.

3 Number — The check or reference number of your remittance.



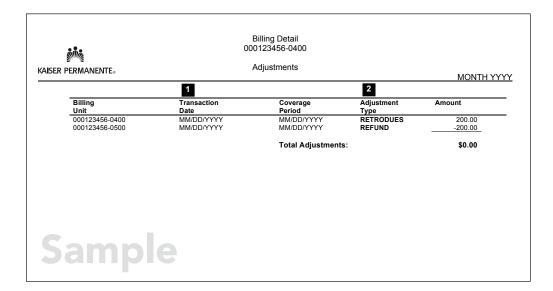
**5 Billing unit** — The billing unit(s) where your payment was applied.

**Coverage period** — The month for which your payment was applied.

**Transaction amount** — The amount that was applied to the corresponding billing unit.

# Billing detail/adjustments

This section lists the billing unit(s) with adjustments.



# Field name and description

2

**Transaction date** — The date when the adjustment was processed.

**Adjustment type** — The type of adjustment that resulted from the change of activity or status.

# Billing detail/membership activity detail

This section lists all transactions processed during the specified activity period. These transactions include new enrollments, family account changes, and terminations at the member level. This can be viewed through online account services, but won't be shown in the hard copy of the bill.

<b>.</b>		0	Billing Deta 00123456-0					
Kaiser Permane	ENTE₀	Membership Activity Detail					MON	ITH YYY
RETROACTIVE MI	EMBERSHIP						inor	
Includes members MM/DD/YYYY	ship activity and rate cha	anges processed from	MM/DD/YYYY	(- 2	3	4	5	6
Billing	Account	Social	Employee	Activity		ly Count	Coverage	Amount
Unit N	Name	Security No.	No.	Reason	Prior	Current	Period	
000123456-0400	Last, First	***-**-6789		ENROLL	00	01	MM/DD/YYYY	129.00
	Account Total:							\$129.00
						Subtotal:		\$129.00
000123456-0500	Last, First	***-**-4321		TERMINATE	01	00	MM/DD/YYYY	-129.00
	Account Total:							\$-129.00
						Subtotal:		\$-129.00
-	nple				7 Tota	al Retroacti	ve Dues:	\$0.00

## Field name and description

6

- **Account name** The members who have membership activity changes processed during the activity period.
- **2** Activity reason The reason for the retroactive transaction (e.g., enroll, reinstate, terminate).
- **Prior family count** The number of eligible members in a family prior to the corresponding retroactive transaction being processed.
- 4 **Current family count** The number of eligible members after the retroactive transaction was processed.
- **5 Coverage period** The month of coverage for which the retroactive transaction applies.
  - **Amount** The charge(s)/credit(s) resulting from the retroactive transaction.
- **7** Total retroactive dues The entire amount of retroactive billing for the activity period.

# Billing detail/current dues

This section reports dues by family account (per subscriber). The members shown on the detail are eligible for coverage during the coverage month.

<u>N</u>		0001	23456-0400					
Kaiser Perman	ENTE®	Cu	rrent Dues				MON	ITH YY
Includes m	embership activity and	rate changes processed fro	om MM/DD/YYYY	- MM/DD/YYY	Y.			
		DD/YYYY will be reflected o				3	4	5
Billing Unit	Subscriber Name	Social Security No.	Employee Number	Employer ID		Family Count	Total Dues	Medica
000123456-0400	Last, First	***-**-6789				01	273.00	
000123456-0400 000123456-0400	Last, First Last, First	***-**-7890 ***-**-8901				01 01	273.00 129.00	
000123456-0400	Last, First	***-**-9012				01	129.00	
					Subtotal		804.00	
000123456-500	Last, First	***-**-0123				01	208.00	
000123456-500	Last, First	***-**-1234				04	532.00	
					Subtotal		740.00	•
				6 Total	Current D	ues:	\$1544.00	

# Field name and description

- **Employee number** The number for the member as provided by the customer (blank if none provided).
- **Employer ID** The number of the location to which the member is assigned as provided by the customer (blank if not maintained for your billing unit).
- **Family count** The number of eligible members in a family.
- **Total dues** The entire amount billed and due for each subscriber.
- **5** Medicare The Medicare status for the family account. A "Y" indicates that at least one member in the family has Medicare. An "N" indicates that the subscriber is at least 65 and eligible for Medicare, but hasn't assigned their Medicare Part B to Kaiser Permanente.
- **6** Total current dues The total amount due for all subscribers for the coverage period.

# Current dues — summary

This section lists the total charges and number of members for each contract option that applies to your group.

AISER PERMANENTE.		00	t Dues – Summary 0123456-0400 Current Dues	Sam	
1 Includes memb	ership activity a		ssed from MM/DD/YYYY – Mi ship Summary By Contract C		
	000123456-0400		LL BUSINESS SCR		
	Family Size	Total Subscribers	3 Total Members	4 Total Charges	
	01 02 03 or more	4 0 0	4 0 0	804.00 0.00 0.00	
	Total:	4	4	804.00	
	000123456-500	ADD	CHO SB KPIC SCR		
	Family Size	Total Subscribers	Total Members	Total Charges	
	01 02 03 or more	1 0 1	1 0 4	208.00 0.00 532.00	
	Total:	2	5	740.00	

## Field name and description



5

**Membership activity** — Transactions processed within this time frame will be reflected on this bill.

**Contract option** — The contract options that are available to you and the current dues for each option.

**3** Total members — The total number of members for the contract option for the coverage period.



**Total current dues** — The total dues for all the contract options combined for the coverage period.

# 2. MAKING PAYMENTS

# Payment due date

Your payment due date is listed on your statement. We must receive and process your payment by the due date. Membership transactions that are processed after the billing cutoff will appear on your next bill.

# **Payment options**

We offer a variety of payment options for your convenience:

# 1. Pay by check

- Make the check payable to Kaiser Foundation Health Plan, Inc., for the total amount due.
- Write your group ID and billing unit number on your check.
- Mail your check with the payment coupon (remittance advice) before the due date using the envelope provided with your billing statement. Remember to allow for mailing and processing time.
- If you don't have the envelope that came with your billing statement, mail your check to:

Kaiser Foundation Health Plan File #5915 Los Angeles, CA 90074-5915

# 2. Pay through online account services

If you're currently a registered user of online account services, you can view and pay your monthly bill online. You need to establish banking information in order to set up online bill pay functionality. There are 2 ways for you to pay your bill online:

• Set up auto-debit payments. The total amount due on your billing statement will automatically be withdrawn from your account each month the day before your payment due date.

Please note: If you submitted an Electronic Transfer For Initial Payment form when you enrolled, that was for your first month's payment only. To continue having payments automatically withdrawn from your account each month, please register for online account services and set up auto-debit payments.

• Make a one-time payment online. We'll email you when your bill is ready. You can then log on to online account services to make the payment for that month's bill.

# 3. Pay by automated clearing house (ACH) payment or wire transfer

You can make electronic payments through ACH payments and wire transfers. ACH payments cost less and are processed within one business day. Wire transfers settle on the same day.

# To set up ACH payments

Provide the following information to your bank and ask them to schedule ACH payments:

ACH payments	For accounts in Northern California	For accounts in Southern California
Beneficiary name	Kaiser Foundation Health Plan, Inc.	Kaiser Foundation Health Plan, Inc.
Bank name	Bank of America	Bank of America
ABA number	121000358	122000661
Account number	12334-03557	12350-02104

Request that your bank make payments using the Cash Concentration or Disbursement Plus (CCD+) format. In the field for "Payment Detail/ID Name," insert your billing unit number, following this example:

• If your billing unit number is 000001234-0001, then enter group ID 001234 EU 0001 [Your Business Name].

Insert your **group ID** and include only enough leading zeros to create a 6-digit number. Follow this with a space, the letters **EU**, another space, and enough leading zeros to create a 4-digit number. Then enter your business name as it appears on your Kaiser Permanente contract.

#### How to set up a wire transfer

Provide the bank with this information:

Wire transfers	Accounts in Northern California	Accounts in Southern California
Bank name	Bank of America	Bank of America
Bank address	100 West 33rd St. New York, NY 10001	100 West 33rd St. New York, NY 10001
Account name	Kaiser Foundation Health Plan, Inc.	Kaiser Foundation Health Plan, Inc.
ABA number	0260-0959-3	0260-0959-3
Account number	12334-03557	12350-02104

In the field for "Payment Detail," insert your billing unit number, following this example:

• If your billing unit number is 000001234-0001, then enter 001234 EU 0001 [Your Business Name].

# **BILLING AND PAYMENTS**

Insert your **group ID** and include only enough leading zeros to create a 6-digit number. Follow this with a space, the letters **EU**, another space, and enough leading zeros to create a 4-digit number. Then enter your business name as it appears on your Kaiser Permanente contract.

In the field for "Comments," insert "Kaiser California Health Plan Membership Dues."

If you have questions about ACH payments or wire transfers, we're here to help. Just call our Small Business Services at **800-731-4661**, **option 1**.

# Important things to remember when sending your payment

# Please don't staple your check to the payment coupon.

### Be sure to allow for mailing and processing time.

You should mail your payment well before your due date. If your dues aren't paid on time, you may be subject to delinquency actions. Unresolved delinquencies may result in automatic termination of your coverage.

# **Returned checks**

If a check is returned for insufficient funds, a returned check charge will be added to your balance.

#### Billing unit number(s)

You must include your billing unit number(s) on all documents and payments you submit to ensure speedy processing of your membership requests and payment allocation. This is particularly important if you have multiple contracts or billing units.

# **Notes**

Please don't send correspondence with your check or make notations on your bill.

Kaiser Permanente doesn't accept credit card payment for either initial or ongoing premium payments for small group coverage.

# 1. KAISER ON-THE-JOB®

#### **Overview**

Keeping your employees healthy, happy, and on the job is our number one priority. That's why we offer the high-quality care of Kaiser On-the-Job. Our network of occupational health care centers can help your employees recover from workplace injuries or illnesses faster — and keep your costs down.

All your employees can take advantage of our Kaiser On-the-Job services, whether or not they're enrolled in a Kaiser Permanente plan.

#### How to become a part of Kaiser On-the-Job

If your business isn't enrolled in Kaiser On-the-Job, you may be missing out on innovative tools and programs that can help your bottom line and protect your most valuable asset: your employees.

We offer programs that can help reduce absenteeism, keep your employees safe on the job, and help everyone at your business set and achieve individual health and fitness goals. It's a better way to help keep your whole staff healthy and safe.

#### For more information

Visit kp.org/employers/kaiseronthejob or call us at 888-KOJ-WORK (888-565-9675).

# 2. KAISER PERMANENTE WORKFORCE HEALTH

#### **Overview**

When you work so closely with your employees, you want to make sure they're healthy, happy, and taken care of. The great news is that helping your employees stay well can actually help your bottom line. Participation in workforce health programs can help reduce absenteeism and boost productivity.

We've developed online programs that are fast and convenient for small businesses to get up and running.

### Let's get started

Encourage your employees to visit **kp.org** and click the "Health & wellness" tab. There they'll find tools and resources to help them thrive. Most are available at no cost, and some are available to both Kaiser Permanente members and nonmembers.

• The Total Health Assessment gives employees a personalized action plan that directs them to one or more healthy lifestyle programs to help them achieve their goals.

- Educational tools, including health and drug encyclopedias, calculators, and a symptom checker, give employees a clearer picture of their health.
- Healthy lifestyle programs coach employees on how to manage conditions such as back pain, depression, diabetes, and insomnia.
- **Online health videos** highlight a wealth of important health topics to keep employees informed and engaged on their wellness journey romon.
- The Total Health Radio online radio show and podcast offer employees health tips, advice, and guided-imagery audio programs.

# **3. MEMBER SERVICES**

Members can call our Member Service Contact Center for answers to questions about:

- Benefits
- Claims
- Copays
- Facilities
- ID cards
- Service issues

# Phone numbers and hours of operation

# Member Service Contact Center

Open 24 hours a day, 7 days a week. Closed holidays. 800-464-4000

711 (TTY)

800-788-0616 (Spanish)

800-757-7585 (Chinese dialects)

# Claims

Our Claims Administration Department processes claims for emergency care and out-ofarea urgent care provided to our members by non–Kaiser Permanente providers.\* When members have questions about how to file emergency claims or inquiring on the status of pending claims, they can contact the departments listed below.

Northern California	Southern California
Kaiser Permanente Claims Administration Department P.O. Box 12923 Oakland, CA 94604-2923	Kaiser Permanente Claims Administration Department P.O. Box 7004 Downey, CA 90242-7004
Claims and Referrals Member Service 800-390-3510	Claims and Referrals Member Service 800-390-3510

# Tip

Your employees who are enrolled in Kaiser Permanente plans can take advantage of even more tools and resources, like online programs to help them quit smoking, design custom health and fitness plans, or manage ongoing conditions, such as asthma and diabetes. You may benefit from setting up a general-use computer for employees who don't usually have computer access at work.

# Notes

\*If you have an emergency medical condition, call **911** or go to the nearest hospital.

An emergency medical condition is a medical condition manifesting itself by acute symptoms of sufficient severity (including severe pain) such that a reasonable person would have believed that the absence of immediate medical attention would result in any of the following: (1) placing the person's health (or, with respect to a pregnant woman, the health of the woman or her unborn child) in serious jeopardy; (2) serious impairment to bodily functions; or (3) serious dysfunction of any bodily organ or part.

A mental health condition is an **Emergency Medical Condition** when it meets the requirements of the paragraph above or, for members who aren't enrolled in Kaiser Permanente Senior Advantage, when the condition manifests itself by acute symptoms of sufficient severity such that either of the following is true: the person is an immediate danger to himself or herself or to others, or the person is immediately unable to provide for, or use, food, shelter, or clothing, due to the mental disorder.

# Help in your language

Interpreter services, including sign language, are available during all hours of operation at no cost to you. We can also provide you, your family, and friends with any special assistance needed to access our facilities and services. In addition, you may request health plan materials translated in your language, and may also request these materials in large text or in other formats to accommodate your needs. For more information, call our Member Service Contact Center 24 hours a day, seven days a week (except closed holidays) at **1-800-464-4000** (TTY users, call **711**).

# Ayuda en su idioma

Se ofrecen servicios de intérprete sin costo alguno para usted durante todo el horario de atención, incluida la lengua de señas (sign language). También podemos ofrecerles a usted y a sus familiares y amigos todo tipo de ayuda especial que necesiten para tener acceso a nuestros centros y servicios. Además, puede solicitar que los materiales del plan de salud se traduzcan a su idioma, y que estos materiales sean con letra grande o en otros formatos que se acomoden a sus necesidades. Para obtener más información llame a la Central de Llamadas de Servicio a los Miembros las 24 horas del día, los siete días de la semana (excepto los días festivos) al **1-800-788-0616** (usuarios de TTY llamen al **711**).

# 以您的語言提供協助

我們在辦公時間內免費為您提供口譯服務,包括手語在內。我們也可以向您本人、您的家人 和朋友提供使用我們設施和服務时所需的任何特別協助。此外,您可以要求將會員資料翻譯 成您的語言,並且要求這些資料以大字版或其他格式來滿足您的需求。如需更多資訊,請致 電我們的會員服務電話中心,我們每週7天,每天24小時為您服務(節假日休息),電話 號碼是1-800-757-7585(免費電話)(TTY使用者請撥711)。

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# activity period

The actual date range used to select actions such as membership activity, payment allocations, and adjustments for use in dues-owed calculations. For billed customers, this is the activity that will be reported on the bill. For nonbilled customers, this is the period used to reconcile the remittance to membership times rate activity.

# agent of record

The individual or business authorized to represent a customer in the purchase, servicing, and maintenance of health benefit coverage with a designated insurer.

#### American Specialty Health Plans of California, Inc.

The administrator of the chiropractic/acupuncture coverage for our HMO plans.

# balance

The amount due or payable on an account. It can either be a credit or debit amount.

# billing cycle

The frequency with which membership dues are billed for health coverage.

### billing unit

The customer-defined segment and associated facts (billing address, contact person, etc.) into which an employer's or individual's transactions, such as membership activity, payment allocations, and adjustments, are grouped for billing purposes and reconciliation.

# broker

A third party, either an individual or a business, that sells Kaiser Permanente health plans. The broker usually receives a commission associated with the sale and sometimes serves as the contact for an employer.

#### **Cal-COBRA (California Continuation Benefits Replacement Act)**

California continuation coverage that allows continued access to California group health coverage.

#### **COBRA**

The Consolidated Omnibus Budget Reconciliation Act of 1985, which requires certain employers to provide continuation of group health coverage to employees and certain of their covered dependents when their group health coverage with that employer would otherwise terminate.

# continuation coverage

The extended coverage provided under the group benefit plan in which an eligible employee and/or eligible dependent is currently enrolled.

#### contract

1. An agreement that defines the non-period-specific provisions under which Kaiser Foundation Health Plan, Inc., (KFHP) commits to provide administrative services or health coverage, or to arrange health care services for a population, and for which KFHP receives or may receive payment. The contract records all information about a particular relationship between a customer and KFHP with respect to mutual obligations and exceptions, as opposed to a contract version that records all information relative to a specific initial or renewal contract period.

2. An agreement that defines the terms and conditions set by Kaiser Foundation Health Plan, Inc., and the employer, which are documented in the Group Agreement.

#### contract freeze

The period of time during which no contractual changes can be made.

#### conversion

The process by which members who lose their eligibility in a group or COBRA plan are offered the opportunity to continue their Kaiser Permanente membership in an individual direct-pay plan without being medically evaluated. Individual conversion coverage begins at the time the group or COBRA coverage ends and is subject to payment of the appropriate monthly charges.

#### coordination of benefits (COB)

A health plan and coverage provision that outlines the method for determining payment when a member is covered by more than one health plan or policy. COB determines the primary and secondary payer and ensures that no person or entity is reimbursed for more than the total cost of the care or services provided.

#### copay

A form of cost sharing in which an insured individual pays a portion of the cost for covered services by paying a flat fee at the point of service, such as a \$5 doctor's office visit fee.

#### coverage

A business term used to describe the extent of the protection provided.

### customer/employer

An individual, organization, regulatory organization, or association that signs a contract with Kaiser Permanente to provide health care benefits.

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# deductible

The amount of covered charges a member must incur while insured under the group policy, before any benefits will be payable during that year.

# dependent

A member whose relationship to a subscriber is the basis for membership eligibility and who meets the eligibility requirements as a dependent.

# disabled dependent (KFHP plans)

A dependent who exceeds the age limit for dependents but is still eligible for coverage if all of the following requirements are met: The dependent is incapable of self-sustaining employment because of a physically or mentally disabling injury, illness, or condition that occurred prior to reaching the age limit for dependents, and receives 50% or more of his or her support and maintenance from the insured.

# disabled dependent (KPIC plans)

An overage dependent child who's a child of the insured and is incapable of selfsustaining employment because of a physically or mentally disabling injury, illness, or condition that occurred prior to reaching the limiting age, and is 50% or more dependent upon the insured for support and maintenance.

# downgrade

A move to a less-rich plan, generally a plan with a lower premium than a contracting employer's current plan.

#### dues

The premium; the amount of the charges per coverage period that a contracting employer or subscriber pays for health coverage and benefits for subscribers and dependents.

# effective date

The date that services provided in the contract begin.

# eligibility requirements

Individuals are accepted for enrollment and continuing coverage only if they meet all eligibility and participation requirements established by the employer and agreed to by the health plan, and meet all applicable requirements set forth in the contract.

# eligibility rules

Employers have specific eligibility rules established by their contract with the health plan. The eligibility rules govern the coverage effective and termination dates of their members.

# employer/customer

An individual, organization, regulatory organization, or association that signs a contract with Kaiser Permanente to provide health care benefits.

## enrollment unit or billing unit

The customer-defined segment and associated facts (e.g., billing address, contact person) into which an employer's or individual's transactions such as membership activity, payment allocations, and adjustments are grouped for billing purposes and reconciliation.

#### event date

The date of a qualifying event that resulted either in the enrollment of an employee or in the addition or deletion of a dependent.

Examples of event dates include:

- Date of birth
- Date coverage was lost
- Date of hire
- Date of marriage
- Date of adoption
- Date of rehire

#### **Evidence of Coverage (EOC)**

The EOC documents that are included in your Group Agreement contain information about benefits, coverage, and other contract provisions that are pertinent to both you and your employees. After enrollment, you're responsible for providing employees with a copy of the EOC for the plan in which they're enrolled.

#### **Explanation of Benefits (EOB)**

A statement generated each time a member receives medical services that summarizes the services received, including the date and the provider's name. An EOB isn't a bill, but it can help the member keep track of their health care expenses. As a DHMO member, there may be some instances where the member might receive an EOB rather than a Summary of Accumulation; e.g., if the employer's plan is self-funded, or if the member received emergency care outside of Kaiser Permanente group administrator.

# grandfathered plan (also known as nonmetal plan)

If your plan has covered at least one employee without lapse in coverage and continued unchanged since the ACA was signed into law on March 23, 2010, it's considered a grandfathered (nonmetal) plan.

# **Group Agreement/Contract**

Our contract with our groups and members. It includes documents such as the *Evidence of Coverage*. These documents detail the coverage you purchased and the eligibility rules, policies, and regulations that define the provisions under which Kaiser Foundation Health Plan, Inc., agrees to provide health coverage.

# group ID

The unique ID by which we identify your business.

# Health Insurance Portability and Accountability Act of 1996 (HIPAA) certificates

Certificates of creditable coverage issued to terminated members and to active members upon request.

# **Health Plan**

Kaiser Foundation Health Plan, Inc., a California nonprofit corporation.

# Kaiser Permanente Insurance Company (KPIC)

A for-profit subsidiary of Kaiser Foundation Health Plan, Inc., that underwrites our PPO plans, the out-of-network portion of the POS plans, as well as the Delta Dental of California dental plans.

#### medical record number (MRN)

A unique identification number for a Kaiser Permanente member, typically printed on the member's identification card.

# MedImpact

A pharmacy benefits management company. As of January 1, 2003, MedImpact has provided Kaiser Permanente–contracted pharmacies with access to their online claims system to adjudicate claims for our POS, PPO, and out-of-area expansion members.

#### member

An individual who's eligible to receive health services and benefits, is enrolled under the *Evidence of Coverage*, and for whom we've received applicable dues.

#### member ID card

A membership identification card that shows the member's name, date of birth, and medical record number. Members need this card to access care at our medical facilities.

# membership

The enrollment of a subscriber and/or dependents within an employer enrollment unit. Membership is a contractual agreement between an employer, a subscriber, and the health plan.

# MultiPlan, Inc.

Participating providers in our PPO plan are part of the PHCS Network, a subsidiary of MultiPlan, Inc.

### multiplan.com/kaiser

The website where members can search for a PHCS provider who participates in our PPO plan. (See also PHCS Network.)

#### online account services

Kaiser Permanente's web-based account management system, which allows employers to maintain membership, pay dues, and view eligibility and billing information.

#### open enrollment (OE)

The period during which employees and dependents can choose among any health plans offered by their employer.

#### overage dependent

A dependent who has reached the maximum age limit for dependent eligibility, usually age 26. Some employers allow overage dependents the option to convert to an individual plan account membership.

#### participating provider

Any provider that's part of the KPIC-contracted PHCS network of providers.

#### payment due date

The date by which payment is expected. The due date is usually 30 days from the billing date.

#### PHCS

Private Healthcare Systems

# **PHCS Network**

The national physician network with which we've contracted to provide services to our POS and PPO plan members. PHCS Network is part of the MultiPlan family of provider networks. (See also multiplan.com/kaiser.)

#### premium

The payment an employer or subscriber makes for health coverage and benefits for subscribers and dependents.

#### qualifying event

An event — such as marriage, birth, divorce, or loss of coverage — that allows an individual to make an election change or add or delete dependents on his or her health coverage.

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#### rate

The amount an employer or subscriber is charged for health coverage and benefits for subscribers and dependents.

# rate change

An employer's rates are subject to periodic contractual change. Rate changes are at contract renewal time. Members' rate changes could be based on an event such as a family addition or deletion or progressing into a new age category.

# reconciliation

The process of matching an employer's membership listing to Kaiser Permanente's membership listing, matching an employer's payment to Kaiser Permanente's expected payment, making appropriate adjustments so that both are synchronized, and reporting any discrepancies to the employer.

#### remittance advice

A payment coupon that contains information relating to the payment, such as billing unit, billed amount, paid amount, and coverage period, which should be sent with a payment.

# retroactivity

A membership enrollment, termination, or change that is effective on a date prior to the current dues period.

#### risk adjustment factor (RAF)

Small Group carriers use RAFs to determine a group's monthly premium. Group size and the number of COBRA enrollees may all affect a group's RAF.

### service area

The geographic area in which a person must live to enroll as a Kaiser Permanente member. It's currently defined through the use of ZIP codes and counties. Medicare enrollees must live in the health plan's service area.

# small business

As defined by AB 1672 modified by AB 1083; Section 1357.500 and SB 125, for plan years commencing on or after January 1, 2016; a small business is any person, proprietary or nonprofit firm, corporation, partnership, public agency, or association that is actively engaged in business or service that, on at least 50% of its working days during the preceding quarter, or preceding year, employed at least one, but not more than 100 full-time and full-time-equivalent employees, and wasn't formed primarily for purposes of buying health benefits coverage and in which a bona fide employer-employee relationship exists.

#### subscriber

1. A person on his or her own behalf and not by virtue of dependency status who, as either an employee, an employer, or a subscriber, is accepted for enrollment and continuing coverage, who meets all the acceptable eligibility requirements, who's enrolled, and for whom payment or a guarantee of payment has been received by the health plan.

2. A member who's eligible for membership on his or her own behalf and not by virtue of dependent status and who meets the eligibility requirements as a subscriber.

# Summary of Accumulation (SOA)

A statement received by a member that describes the services they've received and what amounts have been applied to the deductible and out-of-pocket maximum.

#### Summary of Benefits and Coverage (SBC)

Under the ACA, all health benefit companies and employers must provide plan subscribers and their dependents with a condensed listing of their benefits and coverage in a standardized format designed by the Department of Health and Human Services. The SBC allows your employees to easily compare plans and understand their coverage.

#### termination

The act of ending health coverage for a group or an individual member. Meaning, an individual or group no longer meets the eligibility requirements or has voluntarily requested coverage to end.

### waiting period

The length of time that must pass before coverage of an individual, who's otherwise eligible to enroll, can become effective.

## workers' compensation

A system whereby an employer must pay, or provide health benefit coverage to pay, the lost wages and medical expenses of an employee who's injured on the job.

# account.kp.org

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